



ESSPD Workshops on Personality Disorders

Skills Training for Effective Treatments

6 – 8 June 2019

Semmelweis University, Department of Psychiatry and Psychotherapy // Budapest, Hungary

Preliminary programme

Thursday, 6 June 2019

13:30–13:40  **Opening Ceremony**

13:40–14:40  **Plenary lecture:** Arnoud Arntz – Schema Therapy for Borderline Personality Disorder

14:40–15:40  **Plenary lecture:** Ad Kaasenbrood – Social Psychiatry for people with a personality disorder

15:40–16:00 **Coffee break**

16:00–17:00  **Plenary lecture:** Martin Bohus – DBT for Complex PTSD: A multicomponent program to treat the sequelae of interpersonal violence during childhood and adolescence

17:00–18:00  **Plenary lecture:** Antony Bateman – MBT for Narcissistic Personality Disorder comorbid with Antisocial Personality Disorder.

Friday, 7 June 2019

9:00–12:00 **Parallel workshops:**

 Workshop 1: Lars Mehlum – Treatment of self-harming adolescents with Borderline Personality Disorder

Workshop 2: Ad Kaasenbrood – Social psychiatry for people with a personality disorder.

Workshop 3: Antony Bateman – MBT for Narcissistic Personality Disorder comorbid with Antisocial Personality Disorder.

12:00–13:00 **Lunch**

13:00–14:00 **Plenary lecture:**

 Lars Mehlum – Treatment of self-harm behaviour in adolescents – what works?

14:10–17:10 **Parallel workshops:**

 Workshop 4: Martin Bohus – DBT for Complex PTSD: A multicomponent program to treat the sequelae of interpersonal violence during childhood and adolescence

Workshop 5: Stephan Doering – Introduction to Transference-Focused Psychotherapy (TFP)


Workshop 6: Arnoud Arntz – Schema Therapy for Borderline Personality Disorder

Saturday, 8 June 2019

8:00–11:00 **Parallel workshops:**

Workshop 1: Lars Mehlum – Treatment of self-harming adolescents with Borderline Personality Disorder

 Workshop 2: Ad Kaasenbrood – Social psychiatry for people with a personality disorder.

 Workshop 3: Antony Bateman – MBT for Narcissistic Personality Disorder comorbid with Antisocial Personality Disorder

11:10–12:10 **Plenary lecture:**

 Stephan Doering – Mechanisms of Change in Transference-Focused Psychotherapy.

12:10–12:20  **Closing ceremony**

12:20–13:20 **Lunch**

13:20–16:20 **Parallel workshops:**

Workshop 4: Martin Bohus – DBT for Complex PTSD: A multicomponent program to treat the sequelae of interpersonal violence during childhood and adolescence

 Workshop 5: Stephan Doering – Introduction to Transference-Focused Psychotherapy (TFP)

 Workshop 6: Arnoud Arntz – Schema Therapy for Borderline Personality Disorder

 – Simultaneous translation into Hungarian
