



Sebastian Simonsen, PhD Board Member

Biography

Sebastian Simonsen is a clinical psychologist and senior researcher at Psychotherapeutic Centre Stolpegaard, Capital Region of Denmark. He is a board member of the Danish national network for the study of psychotherapy and also serves as a member of the advisory board for the psychopathology education under the Danish Psychological Association. In addition, he is currently part of the work group for developing national clinical guidelines for borderline personality disorder in Denmark.

Selected publications

Simonsen, S., & Simonsen, E. (2014). Contemporary Directions in Theories and Psychotherapeutic Strategies in Treatment of Personality Disorders: Relation to Level of Personality Functioning. *Journal of Contemporary Psychotherapy*, 44(2), 141-148.

Jakobsen JC, Hansen JL, Simonsen S, Simonsen E, Gluud C. (2011). Effects of cognitive versus interpersonal psychotherapy in patients with major depressive disorder: a systematic review of randomized clinical trials with meta-analyses and trial sequential analyses. *Psychol Med*, 4: 1-15.

Simonsen, S. & Simonsen, E. (2011). Comorbidity Between Narcissistic Personality Disorder and Axis I Diagnoses. In W. K. Campbell & J. D. Miller (Eds.), *Handbook of Narcissism and Narcissistic Personality Disorder: Theoretical Approaches, Empirical Findings, and Treatments* (pp. 239-247). Hoboken, NJ: Wiley.

Simonsen, S., Nørgaard, N. L., Larsen, K. A., Bjørnholm, K. I. (2011). Mentalization-inspired case formulation: Minding the difficult patient. *Personality and Mental Health*, 5: 73-79.

Simonsen, S. (2009). You can't always get what you want: A commentary on 'the clinical significance of co-morbid post-traumatic stress disorder and borderline personality disorder: case study and literature review'. *Personality and Mental Health*, (3): 231-233.

Simonsen, S. & Simonsen, E. (2009) The Danish DAPP-BQ: Reliability, factor structure and convergence with SCID-II and IIP-C. *Journal of Personality Disorders*, 23 (6): 629-46.