



Andres Kaera

Board Member

Biography

Andres Kaera is a clinical psychologist at Kanta-Häme Central Hospital, Hämeenlinna, Finland. He has a Masters' degree in clinical psychology from University of Tartu, Estonia. He's currently getting ready to graduate from psychotherapy studies in cognitive-behavioural therapy (with emphasis on clinical behaviour analysis) at University of Tampere.

His research and clinical interests lie in psychometric assessment of personality disorders. He has been involved in adapting The Schedule for Adaptive and Nonadaptive Personality (SNAP-2; Clark, Simms, Wu, & Casillas, 2014) and Semi-structured Interview for Personality Functioning-5.1 (STiP-5.1; Hutsebaut, Berghuis, Kaasenbrood, Saeger, & Ingenhoven, 2015) into Estonian. He has also taken part in updating the clinical version of the International Personality Disorder Examination (IPDE-ICD-10, Loranger, Janca, Sartorius, 1997). He is currently involved in adapting The Personality Inventory for DSM-5 (PID-5; Krueger, Derringer, Markon, Watson, & Skodol, 2013) into Finnish.

In addition to his clinical work he has been involved in teaching subjects related to personality disorders to clinicians and students. In 2013—2015 he acted as head of local organizing committee in setting up the first ESSPD Workshops for Personality Disorders.