

Second ESSPD Summer School 2021



The future of
psychotherapy research
for personality disorders

August 15 - 21, 2021
Crêt-Bérard, VD, Switzerland

Unil
UNIL Université de Lausanne



The European Society for the Study of Personality Disorders (ESSPD) is proud to announce the second ESSPD Summer School for young researchers organized in collaboration with the University of Lausanne, Department of Psychiatry, Institute of Psychotherapy and General Psychiatry Service, with the financial support of the Swiss National Science Foundation (SNSF).

The aim of the summer school is to increase the methodological competencies in conducting high quality psychotherapy research on the treatment of personality disorders. Topics include: research designs (efficacy and effectiveness, naturalistic), neurobiological aspects of psychotherapeutic change, approaches to mechanisms of change, dimensional approaches, mixed methods studies and case formulation in psychotherapy research.

Faculty:



Sabine Herpertz

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(Germany)



Shelley McMain

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Lars Mehlum

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PhD, University of Lausanne
(Switzerland)



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Zimmermann**

PhD, University of Kassel
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We will adopt a theory-integrative, disorder-oriented and evidence-based approach. Throughout the one-week program, the focus will be on the plurality of methods, their productive use for specific research questions and their creative combinations in order to deepen the understanding of change in psychotherapy for patients with personality disorders.

Teaching methodologies include interactive presentations, workshop exercises on actual research material, plenary and small group discussions, individual work, speed-talk presentations, playfully structured question-and-answer sessions.

Where? The summer school takes place in a relaxing and inspiring atmosphere at the picturesque retreat center Crêt-Bérard, calmly perching over Lac Léman in Switzerland, one of the largest lakes in Western Europe. Activities as part of a social program will be organized.

When? Sunday, August 15th, 2021 (arrival day) – Saturday, August 21th, 2021 (departure day; 5 full days residential).

For whom? PhD students, MDs, or early post-doctoral fellows affiliated with a European university.

Deadline: Applications by February 1st, 2021 per e-mail to summerschool@esspd.eu. All applications must contain a letter of motivation, a curriculum vitae and a 1-page summary of the relevant research project (in one PDF file). Applications from Eastern European countries are explicitly encouraged.

Full fee EUR 750 (includes registration to all scientific activities, six overnight stays at Crêt-Bérard, all meals/ coffee breaks, and organized social activities).

Reduced fee EUR 300 for participants from Eastern European countries (includes registration to all scientific activities, six overnight stays at Crêt-Bérard, all meals and organized social activities).

Important: ESSPD, with funding from SNSF, fully supports financially up to five participants from Eastern European countries (will be paid for: reduced fee and travel expenses). Please attach one letter of support (e.g. from your supervisor) if you are interested to apply for this funding.

2021 ESSPD Summer School Work Group
Babette Renneberg, Ueli Kramer, Lars Mehlum, Joost Hutsebaut

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