

Biography

Babette Renneberg, PhD, is Professor for Clinical Psychology and Psychotherapy at Freie Universität Berlin, Germany, supervisor and trainer in cognitive-behavior therapy. She is director of the Outpatient Psychotherapy Treatment Center at Freie Universität and director of a training program in child and adolescent cognitive-behavior therapy (ZGFU). Her research interests are basic and applied research in personality disorders, anxiety disorders, and psychosocial factors in physical illness. Together with her colleagues, she developed a treatment approach for avoidant personality disorder, a treatment approach for patients with severe burn injuries and more recently a parenting program for mothers with borderline personality disorder. She has received awards for her dissertation (on personality disorders in agoraphobic outpatients), for her work on rejection sensitivity in borderline personality disorder. In 2018 she received the DGVT (German Association of Behaviour Therapy) award for her “outstanding achievements in the development of behavioural therapy/psychotherapy under the responsibility of health policy and in the field of health-promoting psychosocial prevention and intervention”.

Selected Publications

Rosenbach, C., Buck-Horstkotte, S., & Renneberg, B. (2020). Parenting skills for mothers with BPD - a group training. <http://dx.doi.org/10.17169/refubium-26189>

Rosner, R., Rimane, E., Frick, U., Gutermann, J., Hagl, M., Renneberg, B., Schreiber, F., Vogel, A. & Steil, R. (2019). Effect of Developmentally Adapted Cognitive Processing Therapy for Youth With Symptoms of Posttraumatic Stress Disorder After Childhood Sexual and Physical Abuse. A Randomized Clinical Trial. *JAMA Psychiatry*, 76(5):484-491. <https://doi.org/10.1001/jamapsychiatry.2018.4349>

Gutz, L., Röpke, S., & Renneberg, B. (2016). Cognitive and Affective Processing of Social Exclusion in Borderline Personality Disorder and Social Anxiety Disorder. *Behaviour Research and Therapy*, 87, 70-75.

Renneberg, B., Rosenbach, C. (2016). “There is not much help for mothers like me”: Parenting Skills for Mothers with Borderline Personality Disorder –a newly developed group training program. *Borderline Personality Disorder and Emotion Dysregulation*. DOI: 10.1186/s40479-016-0050-4.

Weinbrecht, A., Schulze, L., Boettcher, J., & Renneberg, B. (2016). Avoidant Personality Disorder: A current review. *Current Psychiatry Reports*, 18(3), 1-8.

Gutz, L., Renneberg, B., Roepke, S., & Niedeggen, M. (2015). Neural Processing of Social Participation in Borderline Personality Disorder and Social Anxiety Disorder. *Journal of Abnormal Psychology*, 124(2), 421-31.

Stiglmayr, C., Stecher-Mohr, J., Wagner, T., Meißner, J., Spretz, D., Steffens, C., Roepke, S., Fydrich, T., Salbach-Andrae, H., Schulze, J. and Renneberg, B. (2014). Effectiveness of dialectic behavioral therapy in routine outpatient care: the Berlin Borderline Study. *Borderline Personality Disorder And Emotion Dysregulation*, 20(1), 1-11. doi:10.1186/2051-6673-1-20.

Wagner, T., Fydrich, T., Stiglmayr, C., Marschall, P., Salize, H. J., Renneberg, B., Fleßa, S. & Roepke, S. (2014). Societal cost-of-illness in patients with borderline personality disorder one year before, during and after dialectical behavior therapy in routine outpatient care. *Behaviour Research and Therapy*. Vol 61, pp.12-22.

Renneberg, B., Herm, K., Hahn, A., Staebler, K., Lammers, C.-H. & Roepke, S. (2012). Perception of Social Participation in Borderline Personality Disorder. *Clinical Psychology and Psychotherapy*, 19, 473–480. Rosenbach, C., Renneberg, B. (2015). Remembering rejection: specificity and linguistic styles of autobiographical memories in borderline personality disorder and depression. *Journal of Behavior Therapy and Experimental Psychiatry*, 46, 85-92.

Seehausen, A., Ripper, S., Germann, G., Hartmann, B., Wind, G., & Renneberg, B. (2015). Efficacy of a burn-specific cognitive-behavioral group training. *Burns*, 41, 308-316. <http://dx.doi.org/10.1016/j.burns.2014.07.006>.

Renneberg, B., Ripper, S., Schulze, J., Seehausen, A., Weiler, M., Wind, G., Hartmann, B., Germann, G. & Liedl, A. (2014). Quality of life and predictors of long-term outcome after severe burn injury. *Journal of Behavioral Medicine*, 37(5), 967-97