

Ueli Kramer, PhD, is Professor for Psychiatry and Psychotherapy, psychotherapy researcher and clinical psychotherapist according to Federal Law, Director of the Institute of Psychotherapy, at the Department of Psychiatry, University of Lausanne, Switzerland. He holds an adjunct appointment at the Department of Psychology, University of Windsor, Canada. His research focuses on process and outcome in psychotherapy, in particular the mechanisms of change in treatments of personality disorders, and case formulation in personality disorders. Dr. Kramer has published over 180 scientific contributions, and ten books. He is a broadly trained clinician, author and editor, working from an integrative psychotherapy perspective. Dr. Ueli Kramer is Past President of the European Society for Psychotherapy Research (EU-SPR) and was Vice-President of the French-Speaking Society for the Study of Personality Disorders (AFERTP). Dr. Kramer is the co-recipient of the 2015 Inger Salling Award, the recipient of the 2016 Outstanding Early Career Achievement Award of the Society for Psychotherapy Research, of the 2016 Hamburg GePS Award for Personality Disorders, of the 2018 Marvin Goldfried New Researcher Award of the Society for the Exploration of Psychotherapy Integration and of the 2019 AEMD Marina Picasso Award. He is Associate Editor in two scientific journals (APA and Elsevier), has been Special Editor in six Special Issues in top-tier journals in the field of psychotherapy.

Selected Publications:

- Babl, A., Berger, T., Gomez Penedo, J. M., Eubanks, C. F., Caspar, F., Sachse, R., & Kramer, U. (2022). Addressing interaction patterns in patients with personality disorders explains psychotherapy outcome: A mediation analysis. *Psychotherapy Research*. doi: 10.1080/10503307.2022.2036383
- Bach, B., Kramer, U., Doering, S., di Giacomo, E., Hutsebaut, J., Kaera, A., De Panfilis, C., Schmahl, C., Swales, M., Taubner, S., & Renneberg, B. (2022). The ICD-11 classification of personality disorders: A European perspective on challenges and opportunities. *Borderline Personality Disorder and Emotion Dysregulation*, 9(12). doi.org/10.1186/s40479-022-00182-0 (shared first authorship)
- Culina, I., Fiscalini, E., Martin Soelch, C., & Kramer, U. (2023). The first session matters: Therapist responsiveness and the therapeutic alliance in the treatment of borderline personality disorder. *Clinical Psychology and Psychotherapy*. doi: 10.1002/cpp.2783
- Grandjean, L., Kolly, S., & Kramer, U. (in press/2023). Predictors of effects of brief psychiatric treatment for borderline personality disorder. *Journal of Personality Disorders*.
- Kramer, U. (2018). Mechanisms of Change in Treatments of Personality Disorders: Introduction to the Special Section. *Journal of Personality Disorders*, 32 (Suppl.), 1-11.
- Kramer, U. (2019). Personality, personality disorders, and the process of change. *Psychotherapy Research*, 29(3), 324-336. doi : 10.1080/10503307.2017.1377358
- Kramer, U. (2020). Individualizing psychotherapy research designs. *Journal of Psychotherapy Integration*, 30(3), 440-457. Doi: 10.1037/int0000160
- Kramer, U., Beuchat, H., Grandjean, L., Despland, J.-N., & Pascual-Leone, A. (2022). Change in emotional processing in daily life: relationship with in-session self-esteem. *Counseling Psychology Quarterly*. Doi: 10.1080/09515070.2022.2029349
- Kramer, U., Eubanks, C. F., Bertsch, K., Herpertz, S. C., McMain, S., Mehlum, L., Renneberg, B., & Zimmermann, J. (2022). Future Challenges in Psychotherapy Research for Personality Disorders. *Current Psychiatry Reports*.doi: 10.1007/s11920-022-01379-4

Kramer, U., Flückiger, C., Kolly, S., Caspar, F., Marquet, P., Despland, J.-N., & de Roten, Y. (2014). Unpacking the effects of therapist responsiveness in borderline personality disorder: motive-oriented therapeutic relationship, patient in-session experience and the therapeutic alliance. *Psychotherapy and Psychosomatics*, *83*, 386-387. doi: 10.1159/000365400

Kramer, U., & Gholam, M. (2019). Cognitive Heuristics in Borderline Personality Disorder across Treatment: A Longitudinal Non-Parametric Analysis. *Journal of Clinical Psychology*, *75*(7), 1320-1331. Doi: 10.1002/jclp.22775

Kramer, U., Keller, S., Caspar, F., de Roten, Y., Despland, J.-N., & Kolly, S. (2017). Early change in coping strategies in responsive treatments for borderline personality disorder. *Journal of Consulting and Clinical Psychology*, *85*(5), 530-535. Doi: 10.1037/ccp0000196.

Kramer U., Kolly S., Berthoud L., Keller S., Preisig M., Caspar F., Berger T., de Roten Y., Marquet P., & Despland J.-N. (2014). Effects of motive-oriented therapeutic relationship in a ten-session general psychiatric treatment of borderline personality disorder: a randomized controlled trial. *Psychotherapy and Psychosomatics*, *83*, 176-186. doi: 10.1159/000358528

Kramer, U., Kolly, S., Charbon, P., Ilagan, G., & Choi-Kain, L. W. (2022). Brief Psychiatric Treatment for Borderline Personality Disorder as a First Step of Care: Adapting General Psychiatric Management to a 10 Session Intervention. *Personality Disorders: Theory, Research and Treatment*. Doi: 10.1037/per0000511

Kramer, U., Kolly, S., Maillard, P., Pascual-Leone, A., Samson, A. C., Schmitt, R., Bernini, R., Allenbach, G., Charbon, P., de Roten, Y., Conus, P., Despland, J.-N., & Draganski, B. (2018). Change in emotional processing and theory of mind processing in borderline personality disorder: A pilot study. *Journal of Nervous and Mental Disease*, *206*(12), 935-943.

Kramer, U., & Levy, K. N. (2016). Psychotherapy for personality disorders : Questions of clinical utility. *Journal of Psychotherapy Integration*, *26*(3), 338-346. doi: 10.1037/int0000027

Kramer, U., & Pascual-Leone, A. (2018). Self-knowledge in Personality Disorders: An emotion-focused perspective. *Journal of Personality Disorders*, *32*(3), 329-350.

Kramer, U., Pascual-Leone, A., Berthoud, L., de Roten, Y., Marquet, P., Kolly, S., Despland, J.- N., & Page, D. (2016). Assertive anger mediates effects of dialectical behavior-informed skills training for borderline personality disorder: a randomized controlled trial. *Clinical Psychology and Psychotherapy*, *23*(3), 189-202. Doi: 10.1002/cpp.1956

Kramer, U., Pascual-Leone, A., Rohde, K. B., & Sachse, R. (2016). Emotional processing, interaction process, and outcome in clarification-oriented psychotherapy for personality disorders: A process-outcome analysis. *Journal of Personality Disorders*, *30*(3), 373-394.

Kramer, U., Ranjbar, S., & Caspar, F. (2023). Using case formulation for prediction of the therapeutic alliance in treatment for borderline personality disorder. *Personality Disorders: Theory, Research and Treatment*. Doi.org/1037/per0000555

Kramer, U., & Stiles, W. B. (2015). The responsiveness problem in psychotherapy: a review of proposed solutions. *Clinical Psychology: Science and Practice*, *22*, 276-294.

Kramer, U., Stulz, N., Berthoud, L., Caspar, F., Marquet, P., Kolly, S., de Roten, Y., & Despland, J.-N. (2017). The shorter the better? A follow-up analysis of 10-session psychiatric treatment including the

motive-oriented therapeutic relationship for borderline personality disorder. *Psychotherapy Research*, 27(3), 362-370. doi: 10.1080/10503307.2015.1110635 (shared first authorship).

Kramer, U., Temes, C. M., Magni, L. R., Fitzmaurice, G. M., Aguirre, B. A., Goodman, M., & Zanarini, M. C. (2017). Psychosocial functioning in adolescents with and without borderline personality disorder. *Personality and Mental Health*, 11 (3), 164-170. doi: 10.1002/pmh.1377.

Kramer, U., & Timulak, L. (2022). The emotional underpinnings of personality pathology: Implications for psychotherapy. *Clinical Psychology: Science and Practice*. doi.org/10.1037/cps0000080

Maillard, P., Berthoud, L., Kolly, S., Sachse, R., & Kramer, U. (2020). Processes of change in psychotherapy for narcissistic personality disorder. *Journal of Personality Disorders*, 34, 67-79.

Pascual-Leone, A., Herpertz, S. C., & Kramer, U. (2016). Experimental designs and the “emotion-stimulus critique”: Hidden problems and potential solutions in the study of emotion. *Psychopathology*, 49, 60-68. doi: 10.1159/000442294

Sallin, L., Geissbühler, I., Grandjean, L., Beuchat, H., Martin-Soelch, C., Pascual-Leone, A., & Kramer, U. (2021). Self-contempt, the working alliance and outcome in treatments for borderline personality disorder: an exploratory study. *Psychotherapy Research*, 31(6), 765-777. doi: 10.1080/10503307.2020.1849848.

Zufferey, P., Caspar, F., & Kramer, U. (2019). The role of interactional agreeableness in responsive treatments for patients with borderline personality disorder. *Journal of Personality Disorders*, 33(5), 691-706.

Selected books:

Kolly, S., Charbon, P., & Kramer, U. (eds.)(2019). *Trouble de la personnalité borderline: Pratiques thérapeutiques*. Issy-les-Moulineaux : Elsevier-Masson.

Kramer, U. (ed.)(2019). *Case Formulation for Personality Disorders: Tailoring Psychotherapy to the Individual Client*. Foreword by Mary C. Zanarini. Cambridge, MA: Elsevier.

Kramer, U., Levy, K. N., & McMains, S. (2023). *Understanding Mechanisms of Change in Psychotherapies for Personality Disorders*. Washington, D. C.: American Psychological Association.

Kramer, U., & Ragama, E. (2015/2020). *La psychothérapie centrée sur les émotions*. Préfaces par Leslie S. Greenberg et Richard D. Lane. Issy-les-Moulineaux: Elsevier-Masson.