

## Biography

Emanuele Preti, PhD, is a Professor in Clinical Psychology at the Department of Psychology, University of Milano-Bicocca, Italy. His research focuses on personality disorders, with particular emphasis on personality functioning, social cognition, and trust processes. His work integrates the object relations model of personality pathology with empirical research on assessment and mechanisms of change in psychotherapy, including Transference-Focused Psychotherapy (TFP).

Dr. Preti has been a Visiting Fellow at the Personality Disorders Institute of Weill Cornell Medical School, New York. He currently serves on the Executive Board of the International Society of Transference-Focused Psychotherapy (ISTFP; <https://istfp.org/>), where he is also Chair of the Research and Publications Committee. He is a Certified TFP Teacher and Supervisor, co-founder of the Personality Disorders Lab (PDLab; <https://www.pdlab.it/it>), and Director of the Bicocca Center for Applied Psychology (BICAPP; <https://www.bicapp.it/en/>). His research has been supported by grants from the International Psychoanalytical Association and the American Psychoanalytic Association. He has authored more than 80 peer-reviewed publications in the field of personality disorders.

## Selected Publications

Preti, E., Fanti, E., Di Pierro, R., & Frigerio, A. (2026). Clinicians' Perspectives on the Model of Trust Processes in Borderline Personality Disorder: A Qualitative Evaluation. *Counselling and Psychotherapy Research*, 26(1), e70076. DOI: 10.1002/capr.70076

Preti, E., Di Sarno, M., Fanti, E., Felici, C., Madeddu, F., & Di Pierro, R. (2026). Rolling in the Deep of Personality: Psychometric Properties of the Structured Interview of Personality Organization - Revised (STIPO-R) in Italy. *Journal of personality assessment*, 1–13. DOI: 10.1080/00223891.2025.2606011

Gregorini, C., De Carli, P., Parolin, L., Petilli, M., Konvalinka, I., & Preti, E. (2025). Stable asynchrony? Association between borderline personality traits and interpersonal asynchrony. *Personality disorders*, 16(2), 148–159. DOI: 10.1037/per0000684 [Quartile Scimago 2024: Q1 – Clinical Psychology]

Gregorini, C., De Carli, P., Parolin, L. A. L., Tschacher, W., & Preti, E. (2025). Potential Role of Nonverbal Synchrony in Psychotherapy: A Meta-Analysis. *Counselling and Psychotherapy Research*, 25(1), e12885. DOI: 10.1002/capr.12885

Preti, E., Casini, E., Bazan, M., Blüml, V., Gonzalez Torres, M. A., Lendvay, J., ... & Clarkin, J. (2024). Transition to online transference-focused psychotherapy during the COVID-19 pandemic. *Psychoanalytic Psychology*, 41(3), 137–146. DOI: 10.1037/pap0000501

Preti, E., Richetin, J., Poggi, A., & Fertuck, E. (2023). A model of trust processes in borderline personality disorder: A systematic review. *Current Psychiatry Reports*, 25(11), 555-567. DOI: 10.1007/s11920-023-01468-y

Fertuck, E. A., Preti, E., & Clarkin, J. F. (2023). Transference-focused psychotherapy and trust processing in BPD: Exploring possible mechanisms of change. *Journal of Personality Disorders*, 37(5), 620-632. DOI: 10.1521/pedi.2023.37.5.620

Caligor, E., Preti, E., Stern, B. L., Sowislo, J. F., & Clarkin, J. F. (2023). Object Relations Theory Model of Personality Disorders. *American journal of psychotherapy*, 76(1), 26–30. DOI: 10.1176/appi.psychotherapy.20220027

Di Pierro, R., Fanti, E., Gallucci, M., Madeddu, F., & Preti, E. (2023). Narcissus going public: Pathological narcissism and reactions to public vs. private exposure in ego-relevant events. *Journal of Psychopathology and Behavioral Assessment*, 45(1), 136-149. DOI: 10.1007/s10862-022-09998-0

Laczkovics, C., Blüml, V., Kapusta, N., Hoffmann-Lamplmair, D., Casini, E., Bazan, M., Torres, M. A. G., Lendvay, J., Normandin, L., Nowacki, H., Snigur, V., Doering, S., Yeomans, F., Clarkin, J., & Preti, E. (2023). Videoconferencing psychotherapy from a psychodynamic point of view. A qualitative analysis. *Frontiers in psychiatry*, 14, 1235478. DOI: 10.3389/fpsyt.2023.1235478

Felici, C., Madeddu, F., Doering, S., Clarkin, J. F., & Preti, E. (2023). Knowing me, knowing you: A systematic review of object relations assessment. *Psychoanalytic Psychology*, 40(4), 309–319. DOI: 10.1037/pap0000460

Benzi, I. M. A., Fontana, A., Di Pierro, R., Perugini, M., Cipresso, P., Madeddu, F., Clarkin, J. F., & Preti, E. (2022). Assessment of Personality Functioning in Adolescence: Development of the Adolescent Personality Structure Questionnaire. *Assessment*, 29(4), 668–685. DOI: 10.1177/1073191120988157

Casini, E., Glemser, C., Premoli, M., Preti, E., & Richetin, J. (2022). The mediating role of emotion regulation strategies on the association between rejection sensitivity, aggression, withdrawal, and prosociality. *Emotion*, 22(7), 1505–1516. DOI: 10.1037/emo0000908

Preti, E., Di Pierro, R., Fanti, E., Madeddu, F., & Calati, R. (2020). Personality Disorders in Time of Pandemic. *Current psychiatry reports*, 22(12), 80. DOI: 10.1007/s11920-020-01204-w

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Di Pierro, R., Gargiulo, I., Poggi, A., Madeddu, F., & Preti, E. (2020). The Level of Personality Functioning Scale Applied to Clinical Material From the Structured Interview of Personality Organization (STIPO): Utility in Detecting Personality Pathology. *Journal of personality disorders*, 34(Supplement C), 62-76. DOI: 10.1521/pedi\_2020\_34\_472

Di Pierro, R., Costantini, G., Benzi, I., Madeddu, F., & Preti, E. (2019). Grandiose and entitled, but still fragile: A network analysis of pathological narcissistic traits. *Personality and Individual Differences*, 140, 15-20. DOI: 10.1016/j.paid.2018.04.003

Poggi, A., Richetin, J., & Preti, E. (2019). Trust and rejection sensitivity in personality disorders. *Current psychiatry reports*, 21: 69. DOI: 10.1007/s11920-019-1059-3

Preti, E., Di Pierro, R., Costantini, G., Benzi, I., De Panfilis, C., & Madeddu, F. (2018). Using the Structured Interview of Personality Organization for DSM-5 Level of Personality Functioning Rating performed by inexperienced raters. *Journal of Personality Assessment*, 100(6), 621-629. DOI: 10.1080/00223891.2018.1448985

Richetin, J., Poggi, A., Ricciardelli, P., Fertuck, E.A., & Preti, E. (2018). The emotional components of rejection sensitivity as a mediator between borderline personality disorder and biased appraisal of trust in faces. *Clinical Neuropsychiatry*, 15(4), 200-205. (ISSN 2385-0787)

Richetin, J., Preti, E., Costantini, G., De Panfilis, C. (2017). The centrality of identity and affective instability in Borderline Personality Disorder: Evidence from network analysis. *PLoS One*, *12*(10), e0186695. DOI: 10.1371/journal.pone.0186695

Preti, E., Richetin, J., Suttora, C., & Pisani, A. (2016). Individual differences in components of impulsivity and effortful control moderate the relation between Borderline Personality Disorder traits and emotion recognition. *Psychiatry Research*, *238*, 109-115. DOI: 10.1016/j.psychres.2016.02.037

Preti E., Prunas A., De Panfilis C., Marchesi C., Madeddu F., & Clarkin J.F. (2015). The facets of identity. Personality pathology assessment through the Inventory of Personality Organization. *Personality Disorders: Theory, Research, and Treatment*, *6*(2), 129-140. DOI: 10.1037/per0000119