

Biography

Charlotte Rosenbach, Ph.D. is Professor of Clinical Psychology and Psychotherapy at Health and Medical University (HMU) in Erfurt, Germany, and Associate Professor at Freie Universität Berlin. She serves as Co-Chair of the European Society for the Study of Personality Disorders (ESSPD) section on *Perinatal Personality Disorder and Parents with Personality Disorders*, reflecting one of her primary research interests. Her work focuses on the development of interventions for parents with mental health conditions, with particular emphasis on mothers with borderline personality disorder (BPD). She developed a group training program for mothers with BPD and is currently leading the development of an online intervention for parents with mental illness.

Her additional research interests include rejection sensitivity, sexuality, and sexual disorders.

Charlotte Rosenbach is a licensed cognitive-behavioral therapist with extensive clinical experience in both inpatient and outpatient settings. She currently serves as Director of the University Outpatient Treatment Center at HMU Erfurt. Alongside her research and clinical work, she regularly conducts workshops and trainings for students and psychotherapists on a range of topics in clinical psychology and psychotherapy.

Selected Publications

Zitzmann, J., Georg, A., Rosenbach, C., & Renneberg, B. (2025). If I could read your mind...": parental mentalizing in mothers with borderline personality disorder. *Borderline Personality Disorder and Emotion Dysregulation* (12):20. <https://doi.org/10.1186/s40479-025-00290-7>

Rosenbach, C. & Renneberg, B. (2025). Diagnostik von Persönlichkeitsstörungen nach ICD-11. *Fortschritte der Neurologie · Psychiatrie*. 93(05), 200-211. <https://doi.org/10.1055/a-2521-2900>

Rosenbach, C., Buck-Horstkotte, S., & Renneberg, B. (2025). *Habilidades de crianza para madres con trastorno límite de personalidad: Un entrenamiento grupal* (1. ed.). Librería Akadia Editorial.

Rosenbach, C., Heinrichs, N., Kumsta, R., Schneider, S. & Renneberg, B. (2022). Study protocol for a multi-center RCT testing a group-based parenting intervention tailored to mothers with borderline personality disorder against a waiting control group (ProChild*-SP1). *Trials* 23, 589. <https://doi.org/10.1186/s13063-022-06531-2>

Rosenbach, C., Renneberg, B. & Scheithauer, H. (2021). Psychometric Properties of the German Version of the Children's Rejection Sensitivity Questionnaire (CRSQ). *International Journal of Developmental Science*, 15(1–2), 29–37. <https://doi.org/10.3233/dev-210312>

Rosenbach, C., Buck-Horstkotte, S., & Renneberg, B. (2020). Parenting skills for mothers with BPD - a group training. <https://refubium.fu-berlin.de/handle/fub188/26429>